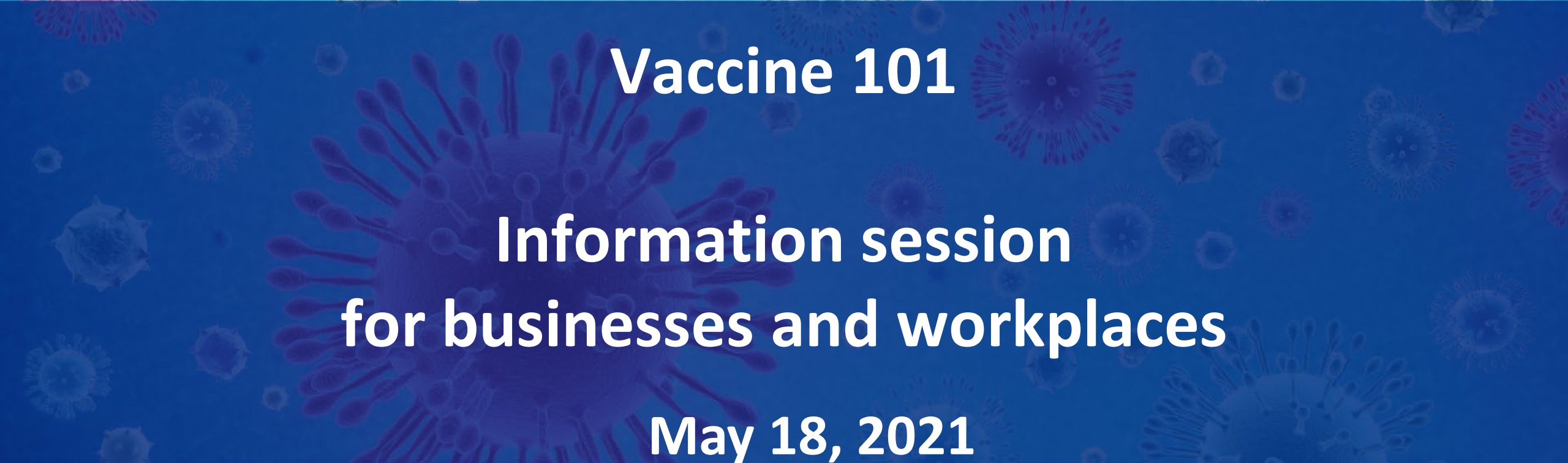




Vaccine 101

Information session for businesses and workplaces

May 18, 2021



Disclaimer

The information in this presentation was last updated on May 17 2021.

Please consult Ottawa Public Health for the latest information on the COVID-19 response.

www.OttawaPublicHealth.ca/Covid19

Land acknowledgement

I would like to begin
by honouring the Algonquin Anishnaabeg people, on who's
traditional unceded territory the City of Ottawa is located. I
extend this respect to all First Nations, Inuit, and Metis
peoples, their elders, their ancestors and their valuable
past and present contributions to this land.

Goals

1. Share information about the Ottawa vaccination plan as it pertains to workplaces and essential workers.
2. Give practical tips to build confidence in COVID-19 vaccines among employees.



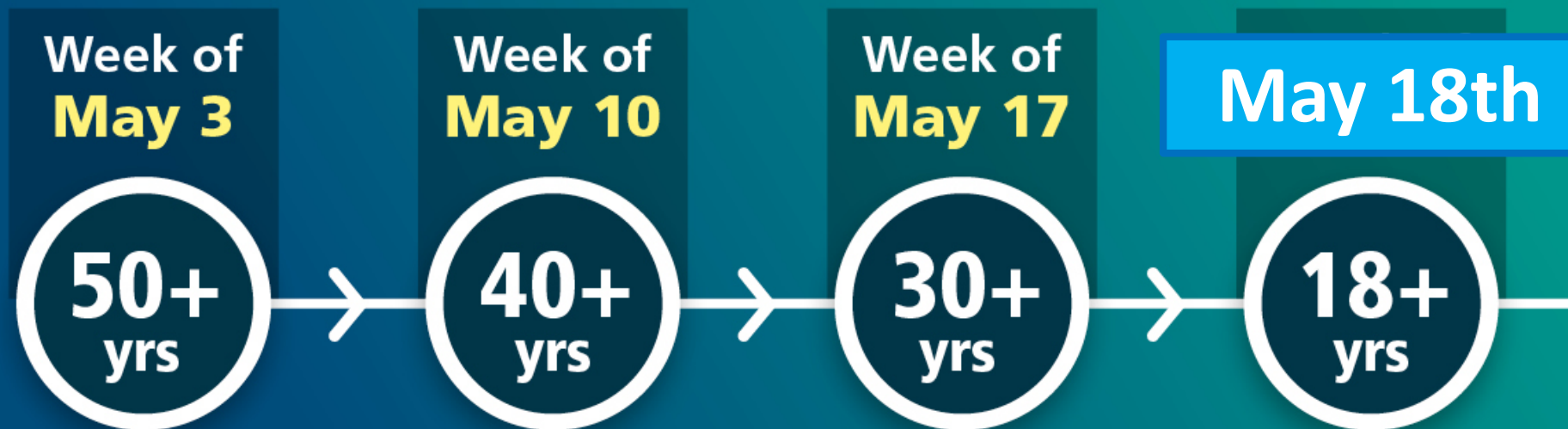
Overview

- Ottawa vaccination plan
- How, when and where to get vaccinated
- How to support employees
- What to expect when and after getting vaccinated
- Question and answer period

Provincial schedule for COVID-19 vaccines



Eligibility for the general public



Booking for vaccine appointments will be done through [Ontario.ca/bookvaccine](https://ontario.ca/bookvaccine).

We will communicate updates as soon as they are available.

Essential workers who live out of province

- Quebec residents who work in Ontario can book their vaccine appointments by phone with Ottawa Public Health at 613-691-5505
- Eligible essential workers are those that cannot work from home and are listed in Group 1 or Group 2 by the Province.
- It includes volunteers, learners, and people who work part-time.
- Essential worker status can be confirmed verbally over the phone (no written proof required).

Group 1 - Essential workers

- Elementary and secondary school workers
- Workers responding to critical events (including police, fire, special constables, children's aid society workers, emergency management, critical infrastructure restoration workers)
- Enforcement, inspection and compliance roles
- Remaining individuals working in licensed childcare settings
- Foster care agenda workers (including customary care providers)
- Food manufacturing and distribution workers
- Agriculture and farm workers
- Funeral, crematorium and cemetery workers

Group 2 - Essential workers

- Essential and critical retail workers
- Workers in manufacturing industries directly involved in supporting the COVID-19 response, construction (including infrastructure) and other essential businesses and services where facilities are at heightened risk for outbreaks and spread
- Social workers and social services staff who provide in-person client services
- Courts and justice system workers
- Transportation, warehousing and distribution workers
- Electricity
- Communications infrastructure workers
- Water and wastewater management workers
- Financial services workers (bank branch staff)
- Veterinarians and veterinary teams
- Waste management workers

Note: Not all group 2 essential workers are listed on this slide. For the full and detailed list: <https://covid-19.ontario.ca/ontarios-covid-19-vaccination-plan#phase-2>

Booking your appointment

Consult the [province's webpage](#) to confirm your eligibility.
Depending on your eligibility, here are your booking options:

Pharmacy and Primary Care:

Make an appointment directly with a participating pharmacy / primary care physician if you are eligible to do so.

Provincial portal*:

Book through the provincial portal (phone or online) if you are eligible to do so.

Ottawa Public Health at 613-691-5505*:

- don't have an OHIP card
- are Indigenous
- are homeless
- if you can't use the internet
- QC resident working in ON

**Service available in multiple languages.*

Booking for others

1. Get verbal consent (no proof is needed).
2. Get the necessary personal contact information and background health information.
3. Register online or by phone.
4. Share the appointment details with the person you are helping and ask them if they need help getting to the clinic.



Getting to the clinic

- Residents who are eligible for their vaccine should make a [transportation plan](#) to get to their appointment. (Family, Friends, OC Transpo or ParaTranspo).
- A **free** transportation service is available for people in need. You just need to wear a mask.
- Call 2-1-1 to set up the ride service once you have your booking number.
- Please call at least 48 hours before your appointment.
- Social assistance recipients can also contact their case worker for help with transportation costs if needed.



Are the vaccines safe?

- On May 17th, nearly 1.5 billion vaccines have been given around the world. This real-world data continues to support the use of the COVID-19 vaccines.
- All approved vaccines are safe and effective at preventing you from getting seriously sick and dying from COVID-19.
- None of the vaccines are made of a live virus and they cannot make you sick with COVID-19.



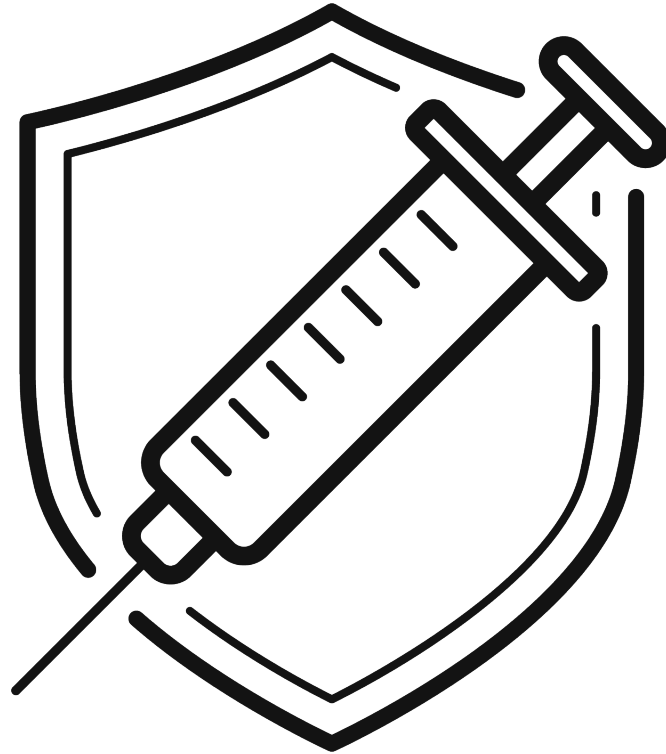
Safety – AstraZeneca

- As of May 11th, the Province is pausing the distribution of first doses of the AstraZeneca vaccine.
- Before this decision was made, the risks of severe outcomes from COVID-19 were much higher than the risk of having a blood clot from AstraZeneca.
- Now, the rates of COVID-19 are starting to decrease and the risk of a blood clot and severe outcome with AstraZeneca has increased.
- People who have been vaccinated with their first dose of AstraZeneca did the right thing to protect themselves, their loved ones and the community.

Variants of concern

- The evidence we have now suggests that current vaccines may be effective or partially effective against one or more variants.
- You might need an annual COVID-19 vaccine, like with the flu shot, but we need more research on that.
- It is still important to get vaccinated, even though the variants are becoming more of a concern.

What can you do as an employer



Promote and encourage vaccines at work

- Many employees rely on their employer / workplace for their COVID-19 news. You have an important role to play in sharing information about vaccines safety, access and eligibility.
- Promoting / encouraging vaccines at work will:
 - a) Reduce employee absences due to illness and ensure sustained workplace productivity.
 - b) Keep the workforce healthy by preventing employees from getting COVID-19.
 - c) Boost workplace morale.

Support employees to get vaccinated

1. Talk about what you learned today with your friends and family.
2. If you've had your vaccine – share your experience with people!
3. Give employees time off to get vaccinated or stagger shifts to accommodate vaccine appointments.
4. Talk about vaccines at work. Check out the OPH webpage, our newsletters and videos to get evidence-based information.
5. Don't belittle or shame people for having questions or concerns about vaccines. Show compassion and empathy.
6. Ask “What makes you hesitate?” instead of “Why are you hesitant?”.

What to say when people ask: Why get vaccinated?

- The sooner we get Ottawa vaccinated, the sooner we can get back to normal.
- More businesses will be able to reopen, some public health measures can be reduced, and we will be able to engage in more activities with others outside our household.
- People who get vaccinated are protecting themselves from severe illness and death from COVID-19 and helping protect the community by reducing the strain on the healthcare system.



Vaccinated Against COVID-19? Here's what happens next

More people getting vaccinated means fewer people getting sick. When you get your shot, you make it safer in your community so that certain measures can be lifted and we can gather safely.



SPRING

Cases are high and vaccine coverage is low.

Continue following local public health advice and maintain individual protective measures whether or not you have been vaccinated to keep yourself, your family, and your community safe.

More people need to be vaccinated before restrictions can be lifted.

Reach out to help friends, family or neighbours who might need help booking or getting to a vaccination appointment.

stay home • stay safe • get vaccinated



SUMMER

Cases are low and vaccine coverage is high for one dose and increasing for second.

IF 75% of those eligible for vaccines have one dose and 20% have a second dose.

THEN restrictions start to lift based on conditions in your area, but you still need to follow local public health advice and keep up with individual measures like physical distancing and wearing a mask.

You can look forward to small, outdoor gatherings with family and friends.

You should still avoid crowds.

camping • hiking • picnics • patios



FALL

Cases are low and two dose vaccine coverage is high.

IF 75% of those eligible for vaccines have received a full COVID-19 vaccination series.

THEN local public health will be able to lift more measures and you should be able to do more activities indoors with people outside your household.

However, COVID-19 will not be eliminated so you will still need to follow some public health measures.

colleges • indoor sports • family gatherings

For more information visit: canada.ca/covid-vaccine

Returning to work after vaccination



What are the side effects and risks?

Very Common and Common

(1% - more than 10% of people)

- Pain / redness / swelling at the injection site
- Headache
- Fatigue
- Muscle or joint pain
- Fever or chills

Uncommon

(0.1% - 1% of people)

- Excessive sweating
- Itchy skin / rash / hives
- Muscle weakness, arm or leg pain
- Feeling weak, tired, dizzy
- Abdominal pain, feeling unwell
- Enlarged lymph nodes

Rare

(0.01% - 0.1% of people)

- Severe allergic reaction

**Very
Rare**

(less than 0.01% of people)

- Blood clots*

*AstraZeneca and Janssen

Returning to work post-vaccine

- Continue with the daily COVID-19 screening of all staff post-vaccine.
- Employees can come to work after getting their vaccine, even if they screen positive for the following symptoms within 48 hours after getting their vaccine:
 - Headache
 - Fatigue
 - Muscle ache
 - Joint pain
- If these symptoms are mild, only began after vaccination, and the employee feels well enough to work, they can continue with their shift.

Stay home and/or seek further medical evaluation if:

- Symptoms worsen or last more than 48 hours.
- Symptoms interfere with the ability to carry out usual activities.
- You have any other symptoms of COVID-19 (respiratory symptoms or loss of smell or taste) at any time after vaccination.
- You've come in close contact with a COVID positive person in the last 14 days.

COVID-19 Vaccine Toolkit for Employers

OttawaPublicHealth.ca/WorkplaceVaccineToolkit



Thank you!



OttawaPublicHealth.ca/COVID19Vaccine
SantePubliqueOttawa.ca/vaccinocovid19

City's COVID-19 vaccine newsletter

ottawa.ca/esubscriptions

